

We are looking for stories from local women from across Gloucestershire that we can use on GlosGirlsCan social media channels that may inspire other women, like them, to get involved & be more active.

If you have a story, or know someone who does, please share this with them.

Please complete the short form below on behalf of the nominated individual/group, or pass on to them to complete. You MUST have their permission before submitted it. Active Gloucestershire will contact the person using the details below before publishing anything.

Please complete & return to Kirsty Dunleavy by Monday 14th January 2019:

Email: kirstydunleavy@activegloucestershire.org

Post: Active Gloucestershire, City Works, Alfred Street, Gloucester, GL1 4DF

Name:
Age:
Contact details: <ul style="list-style-type: none">• Email:• Phone number:• Twitter:• Instagram:
Their story Please use this space to note down: <ul style="list-style-type: none">• What they did before• What they do now• What made them change• Why they do it• The best thing about doing it / how it's benefitted them
Best bit of advice they would give to someone like them
Please attached a picture of the person/group if you are able to & have their permission